

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Action on Disability	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Hammersmith & Fulham	
Contact person: Ms Sarah Robinson	Position: Fundraising Manager
Website: http://www.actionondisability.org.uk	
Legal status of organisation: First Contact CHARITY	Charity, Charitable Incorporated Company or company number: 1091518
When was your organisation established? 01/09/1979	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Work enabling disabled people of all ages to live independently Services helping people with a newly acquired or diagnosed disability to maintain choice and control in their lives
Please describe the purpose of your funding request in one sentence. 21st Century Citizens - a peer support project to equip disabled people with the skills, resilience and contacts to challenge the barriers they face.
When will the funding be required? 01/12/2014
How much funding are you requesting? Year 1: £43,221 Year 2: £40,039 Year 3: £40,830 Total: £124,090

Aims of your organisation:

To create a life beyond barriers for disabled people:
 To promote equality of opportunity, choice and independence by removing physical, social and attitudinal barriers to integration within the community for people who have a physical or sensory impairment or learning difficulty, or who experience mental health difficulties, through the encouragement and development of education, training, facilities for recreation, employment based on the ethos of independent living and who reside, work or are undergoing educational or vocational training in, but not exclusively, the Borough of Hammersmith & Fulham.

Main activities of your organisation:

Employment -- Internships and job coaching / job carving for 16-24 year olds. We work with a small cohort identifying their skills and aspirations bypassing inaccessible recruitment procedures.
 Youth Service -- leisure and educational activities for 11 to 25 year olds. A comprehensive service focussing on supporting disabled young people to achieve age appropriate independence and giving them the same opportunities for fun and socialising as non-disabled young people.
 Independent Living Service We support disabled people in LBHF and Westminster to access mainstream services through Peer Support.
 Welfare Benefits Advice -- from form filling to representation at tribunals.
 Advocacy -- ensuring that people's voices are heard and listened to.
 Information, advice and guidance by phone and drop in
 Volunteers support -- 20 people per year are given a structured volunteer programme
 Loyalty Card -- local businesses provide a discount to our members in local shops, pubs etc.
 200 accessible local businesses are signed up to the scheme.
 Campaigning and influencing

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
18	8	8	16

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	1 year, then 5 at another site

Summary of grant request

Need

There is robust evidence of a strong correlation between disability and poverty. Many disabled people experience exclusion from daily life. They are isolated, lack access to community activities, the internet and are cut off from services and opportunities that most of us take for granted.

Disabled people have asked us for a variety of services over the last few years including:

- befriending
- small scale services such as shopping and household tasks
- low level advocacy/legal support/letter writing
- IT help in the home

Many local disabled people want more social interaction, lack confidence to challenge poor access or services and feel excluded from IT and the internet. We have piloted several approaches to tackling these problems this project is the culmination of this work.

The project will be delivered through several peer-led courses, peer support groups and social activities. The emphasis will be on building the skills and resilience of disabled people to overcome barriers on their own or together.

Courses:

- Knowing your rights
- Digital inclusion

We will facilitate:

- Peer Support groups including interest or activity groups, such as knitting or swimming and common experience groups, such as coping with pain.
- Bi-monthly social activities in a range of venues within and beyond.

Both these activities will be peer led - the groups and activities will be chosen by participants and facilitated by them.

The project will achieve:

- Increase disabled people's confidence, knowledge and skills to challenge poor access and discrimination.
- Increase disabled people's access to mainstream activities online.
- Decrease disabled people's isolation and loneliness.
- Increase disabled people's self esteem by encouraging them to see themselves as active members of society and making a contribution to the community.
- Increase people's health and well being by supporting them to manage their own health better

Why AoD?

Action on Disability is a user led organisation with independence at the heart of its mission. We have become increasingly concerned about the risk of building a dependency on AoD. We are refocusing our work on ensuring disabled people have the skills and confidence to take control of their lives. AoD has been campaigning and delivering services for 35 years. We have a strong track record of delivering large and small scale projects, fostering the skills of disabled people and influencing change.

This project will meet two of City Bridge's programme outcomes for Making London more Inclusive:

- work enabling disabled people of all ages to live independently
- services helping people with a newly acquired or diagnosed disability to maintain choice and control in their lives

Principles of good practice

This project is driven by requests from disabled people, we have involved them at all levels of planning and designing the programme. We will create a reference group of participants to ensure they are involved in the management and running of the service.

We welcome people from all backgrounds and value diversity. Our diversity policy is a living policy that influences everything we do. Our staff, volunteers and trustees are diverse

All volunteers have a Role Description and Agreement and have regular reviews with their managers.

All volunteers get Disability Equality Training and on the job training for their role. We report on their contribution in our accounts and have a celebratory lunch for volunteers every year.

We regularly review our environmental practice and seek to reduce our energy and consumables usage. We are moving next year from the Victorian building we occupy (but have little control over) to two newly refurbished buildings with much lower carbon footprints.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Short term training programme for disabled adults in: disability history, the Equalities Act and its implications for disabled people, techniques for asserting your rights. There will be opportunities for people to share their experience and role play situations.

Digital inclusion sessions - teach all participants basic IT skills over an 8-12 week period focussing on IT in everyday life: shopping, contacting the council, making complaints, responding to consultations, keeping in touch with family and friends, joining campaigns

Monthly social activities. Including social events arranged at public venues such as cafes, pubs, libraries and visits to pre-existing events and venues such as theatres, museums and conventions.

Facilitate peer led social groups such as knitting circle, reading group, swimming group, health group.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

To increase people's knowledge of their rights and the confidence to apply them.

To increase people's skills in the use of digital technology and the confidence to engage with online facilities.

To increase people's awareness of what is available and the motivation to get involved.

Increase disabled people's self esteem so they see themselves as active, contributing members of society.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We plan to review the outcomes for individuals and the overall success of the project in year two and (if positive) write a plan for successful elements of the work. Including options to extend to the Tri-borough area targeting local authorities and local trusts, Reaching Communities and other national grant making bodies.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

40

In which Greater London borough(s) or areas of London will your beneficiaries live?

Hammersmith & Fulham (80%)

Kensington & Chelsea (10%)

Westminster (5%)

Ealing (5%)

What age group(s) will benefit?

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs inc NI pension and recruitment	30,973	31,184	31,808	93,565
Tablets for IT training	1,800	500	500	7,200
Telephone, photocopying and printing	669	683	696	2,048
Programme costs & materials	400	400	408	1,208
Participant and volunteer training	2,550	306	312	3,168
Room and venue hire	500	510	520	1,530
Staff and volunteer travel costs	950	969	988	2,907
On costs including insurance and rent	2,061	2,103	2,145	6,309
Management costs	3,318	3,384	3,452	10,153
TOTAL:	43,221	40,039	40,830	124,090

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Dr Edward Bishop Kings	1,800	500	500	7,200
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	1,800	500	500	7,200

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
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Staff and volunteer travel costs	950	969	988	2,907
On costs including insurance and rent	2,061	2,103	2,145	6,309
Management costs	3,318	3,384	3,452	10,153
	0	0	0	0
TOTAL:	41,421	39,539	40,330	121,290

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
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Income received from:	£
Voluntary income	1,913
Activities for generating funds	13,927
Investment income	96
Income from charitable activities	1,108,211
Other sources	98,083
Total Income:	1,222,230

Expenditure:	£
Charitable activities	1,240,591
Governance costs	2,290
Cost of generating funds	28,808
Other	0
Total Expenditure:	1,271,689
Net (deficit)/surplus:	(49,459)
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	(49,459)

Asset position at year end	£
Fixed assets	1,916
Investments	0
Net current assets	198,625
Long-term liabilities	0
*Total Assets (A):	200,541

Reserves at year end	£
Endowment funds	62,140
Restricted funds	0
Unrestricted funds	138,401
*Total Reserves (B):	200,541

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

We have changed our name from HAFAD (Hammersmith & Fulham Action on Disability) to Action on Disability to reflect our much wider area of operation.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	881,882	753,988	834,884
London Councils	0	0	0
Health Authorities	27,750	27,750	0
Central Government departments	12,900	172,087	16,723
Other statutory bodies	0	0	47,530

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Trust for london	0	0	30,000
Big lottery	18,762	177,328	96,354
John Lyons	9,000	36,000	36,000
Henry Smith	0	0	10,000
Youth Music	0	0	21,654

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Sarah Robinson**

Role within **Fundraising Manager**
Organisation: